

Where has all the time gone? It feels like just yesterday when I was a 17 yr old freshman walking up to my first class terrified out of my mind. Now, four years later, I am one week away from graduating college. Facing finals, too many goodbyes, and moving halfway across the country, needless to say my mind is spinning. Maybe I should FINALLY follow coach's advice to just enjoy the moment and stay in the present. But let me tell all of you what that means to me.

**P-** Postpone thinking about the future. The past few weeks I have been asked "what's next" too many times to count. But I would rather ask myself, "what about now?" Enjoy every moment as a Penn State student and tackle each day as its own challenge.

**R-** Remember all of the good times. From performing Shabooyah role calls at the top of our lungs, making s'mores by the campfire in Arizona, Cara's legendary Sarah Palin impressions, dancing at THON to Lizzie McGuire, and shoveling spots on the range to hit balls in the snow, this year has been full of memories to last a lifetime.

**E-** Enjoy the process as much as the end goal. I find myself consistently working towards better grades, lower golf scores, fulfilling friendships, and making more money. But if I can focus at accomplishing one task at a time, I will achieve all of my goals and have a lot more fun along the way.

**S-** Savor every moment I have left on the Penn State campus. Every long trek to the business building, free giveaway in the HUB, and last glimpse of the lion statue.

**E-** Experience my last week in State College to the fullest. Eat brunch at the Waffle Shop, sit on Old Main lawn doing homework with friends, take pictures at all of the scenic places on campus, and walk around downtown with not a care in the world.

**N-** Notice the small things. The familiar rustle of the rough while walking on the Blue Course, the sweet taste of Creamery ice cream, the drunk screams of college kids on Calder Way at 2 am, and the energy of Beaver Stadium on game day.

**T-** Thank every person you has helped me along this amazing journey. My team- you guys are my daily inspiration to be the best golfer and person that I can be. You are the reason why I work so hard in every hour of practice and workouts, and in every aspect of my life. Coach Andy-thanks for entertaining all of my silly questions and always being prepared with a set of Hot Hands when needed. Coach St. Pierre- thanks for taking a chance on me. Even though I wasn't your typical recruit decorated with tournament titles by the age of 13, thanks for allowing a little 5 foot 3 transfer from a small school to play for this amazing program and university. My dad- you have walked all 36 collegiate tournaments by my side, both literally and in my heart. The hours of practice, lessons, travel, and events that we spent together are countless, but I would not trade a single one for the world. Without your love, guidance, and persistence at times, I would not be standing here today. So even though it doesn't come close to covering it, thanks dad. I love you. It's been one hell of a ride.

It's taken me four years to realize the value of being present in every moment. If I can impose any senior advice onto my teammates, it's this: Don't take so long. Postpone the future, Remember the good times, Enjoy the process, Savor each moment, Experience State College, Notice the small things, and Thank the people who help you along the way. Stay PRESENT in the moment and you will enjoy your college experience as much as I have. Thank you.