

Complete Golf Conditioning

Winter 2014

Jan.22nd - March 31st

The Complete Golf Conditioning program will provide golfers with an opportunity this winter to improve functional strength, flexibility, rotary power, balance and core strength which are essential components to a better golf game. Many of the technical elements of a golf swing will be improved when your body is stronger and flexible enough to get in better positions. If you want more club head speed, better balance, a better shoulder and hip turn and want to eliminate bad misses and hit crisper shots more consistently, the CGC program is for you. Since 2004, PSC has been an industry leader in sport conditioning programs for athletes and fitness enthusiasts. This program is open to golfers 14 years of age and older.

Program Details

Days: Tuesdays & Thursdays

Times: 6:00-7:00pm

Location: Premier Sport Conditioning

Costs: 2 days/week = \$399 (20 sessions)

- **Includes a Flexibility program to do on off days**
- **15% sibling/family discount**
- **Class size limited to 10 golfers to maximize instruction.**
- **Early Bird register by Wednesday January 7th and take \$25 off fees.**

To Register, call (330) 487-0810 or visit www.pscfit.com



 **PREMIER**
SPORT CONDITIONING

Complete Golf Conditioning

Winter 2014 / January 22nd - March 31st (10 Weeks)

1. Please Complete the following:

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Would you like to receive our monthly e-newsletter Yes No

2. Class Days/Times

Tuesday & Thursday

6:00-7:00pm

3. Training Fees

2 days/week = \$399 (or 2 payments of \$200)

Training Fees.....\$ _____

Early Bird Discount (if registered by Jan 7th) \$-25 _____

Total Fees..... \$ _____

4. Select Method of Payment:

Cash Check Credit Card

For Credit Card Payments:

Visa MasterCard Discover Amex

Credit Card # _____ Exp. Date _____ 3 Digit Code _____

EARLY BIRD SPECIAL!

Register by **Wed. Jan.7th**
and take **\$25** off fees.

4 Easy Ways to Register

1. **Call** - (330) 487-0810
2. **Email** - info@pscfit.com
3. **Fax** - to (888) 487-9905
4. **Mail** - to 9045 Dutton Drive,
Twinsburg, OH, 44087
5. **Bring** - to PSC

TERMS AND CONDITIONS

1. Complete Golf Conditioning sessions must be used between **January 22nd and March 31st 2015**.
2. Individuals who choose the split payment option are **required to make the 2nd payment by Thursday Feb. 26th** (halfway point of the session) **regardless of how many sessions have been used**. A valid credit card must be kept on file and will only be charged if payment is not received by Thursday Feb. 26th. Failure to make the payment by Feb. 26th will result in a \$25 late fee.
3. **Sessions are non-refundable and non-transferable**. Any missed sessions can be made up at anytime throughout the 10 week program. If you cannot attend certain sessions, PSC must know prior to the start of your training and then fees will be prorated.
4. Any additional family member that enrolls will receive 15% off training fees. Family discounts cannot be combined with any other offers.
5. PSC offers Renewal discounts, Family discounts and periodic specials throughout the year. Only 1 discount may be used when a training package is purchased. Multiple discounts cannot be used for each registration.
6. Renewal information will be mailed out when the athlete is 4 sessions from completion of their training plan.
7. Some PSC athletes may be used in our marketing materials for brochures, flyers, videos, newsletters etc.

Cancellation Policy

- 1) Cancellation within 1 week from purchase date= Full refund minus \$25 administration fee of full price paid
- 2) Cancellation within 1-2 weeks from purchase date = 25% refund of purchase price
- 3) Cancellation within 2-3 weeks from purchase date- 50% refund of purchase price
- 4) No refund after 3 weeks from the purchase date. In the case of an injury the participant will be granted a credit for future sessions (with doctor's note)

AGREEMENT AND RELEASE OF LIABILITY

I understand and aware that Performance Training including the use of equipment is a potentially hazardous activity. I also understand that fitness activities involve the risk of injury, even death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risk of injury and death.

In consideration of being allowed to participate in the activities and programs of Premier Sport Conditioning and to use any facilities, equipment, and machinery Premier Sport Conditioning provides in addition to the payment of any fee or charge, I do hereby waive, release, and forever discharge Premier Sport Conditioning from any and all responsibilities or liability from injuries resulting from my participation in any activities or my use of equipment or machinery in the above mentioned activities.

I understand all the terms and conditions and I am responsible for the total amount due as noted above. I also agree and understand the release of liability terms as noted above.

Signature _____ Date _____
(must be 18 years of age to sign)

Print Name _____